

## All Church News

### Minister's Message: A Shared Memory

**CONTACT: Rev. Dr. John Regan [jregan@fcedmond.org](mailto:jregan@fcedmond.org) 405.341.3544**

One of the most basic gifts of being human is the ability to remember. Without the ability to remember who we are and where we came from, we become resident aliens. It is a kind of amnesia where one lives in the present but has no connection with the past and no real understanding of how things work. It is like being in a room full of people who seem to have secret information, and everyone seems to know what is going on except you. The Church is a community of shared memory. Through Scripture, worship, study, prayer, and service we actively remember together the life, teaching, and resurrection of Jesus of Nazareth. We do this because we believe we know of God's love most convincingly through the life of Jesus Christ.

Alzheimer's is one of the most demanding and stressful diseases for caregivers. As their loved one loses the ability to remember the caregiver becomes the vessel of memory. At some point, the disease robs the patient of remembering even the most basic family relationships. First Christian Church was recently approached by the Alzheimer's Association of Oklahoma to help start a new support group for Alzheimer's caregivers. As a community of shared memory, we are committed to supporting those caregivers whose loved ones struggle with this terrible disease.

Our Alzheimer's support group will be led by Mr. Herb Magley who is an experienced and trained support group facilitator. The group will meet at 2pm in room 130 on the 2nd and 4th Sundays of the month. The first meeting will be this Sunday, March 10. If you would like information about this group, feel free to contact Herb at 405.531.1030 or visit with Brenda Peterson at 405.642.9344. Please keep this group in your prayers and let anyone in your circle of friends know that this group is open to anyone who is interested.

On Wednesday we marked the beginning of the season of Lent with ashes. Lent is a time to remember; reflecting on our past so we can live more fully into the future. Over these next 40 days as we journey towards the hope of Easter, I hope you'll spend time remembering how God has been present to you along your journey. And I hope you'll come to worship where we share bread and wine "in remembrance" of the one who reminds us that while there are some things that cannot be cured or fixed, in all situations and all seasons of life, love, and the support of a community of friends makes all burdens more bearable. Love never forgets. Love never abandons.

### Spring Forward This Weekend

**CONTACT: Jennifer Humphrey [jhumphrey@fcedmond.org](mailto:jhumphrey@fcedmond.org) 405.341.3544**

It's that time of year again. Get ready to trade an hour of sleep for an extra hour of sunshine later in the day. Welcome to *daylight savings time!* Don't forget to turn your clocks forward this Saturday night so you won't miss a moment of being in church this Sunday morning.

### Spring Semester UNITE!

**CONTACT: Jennifer Humphrey [jhumphrey@fcedmond.org](mailto:jhumphrey@fcedmond.org) 405.341.3544**

Be a part of **Spring Semester UNITE** with food, fellowship, learning and fun! Adults, children and students can UNITE for a delicious meal, share meaningful conversation, and experience faith development in one of our classes or small groups. UNITE is a place to grow in your faith and form lasting relationships in a relaxed and welcoming environment. See [www.fcedmond.org/unite](http://www.fcedmond.org/unite) for a complete list of adult, children, and student activities.

## Dates to Remember

**Tai Chi** – Tuesdays and Thursday, 10am in FHN or Hallway by Sanctuary

**Tai Chi & Yoga** – Tuesdays and Thursdays, 6:30pm in Sanctuary

**March 7, 21 & April 4** – Lunch Bunch, 10am games, lunch served at 11:30am in Room 131

**March 9** – Operation Christmas Child Wrapping Party, 9am in Fellowship Hall South

**March 10** – Spring Forward!

**March 10 & 24** – Alzheimer's Caregiver Support Group, 2pm in room 130

**March 18-22** – Edmond Public Schools Spring Break!

**March 23** – Operation Christmas Child Packing Party, 9am in Fellowship Hall South

**March 24** – Holy Yoga, 3pm in Sanctuary

**March 24** – Life After Loss, 4:30pm in Room 130

**March 26** – Police Gratitude Luncheon, 11am-2pm in the Fellowship Hall

**March 31** – Youth Sunday Planning Session, 1pm in Sanctuary

## Worship News

### On the Worship Schedule

Worship at First Christian – Sundays at 8:15, 9 & 11am

**March 10, 2019** - First Sunday of Lent - Minister: Rev. Dr. Chris Shorow; Scripture: John 19:25b-27; *Children Worship & Wonder: Jesus and the Children*

**March 17, 2019** - Second Sunday of Lent - Minister: Rev. Dr. John Regan; Scripture: Luke 23:13-16; *Children Worship & Wonder: Jesus and Bartimaeus*

**March 24, 2019** - Third Sunday of Lent - Minister: Rev. Dr. Chris Shorow; Scripture: John 19:38-42; *Children Worship & Wonder: Jesus and Zacchaeus*

**March 31, 2019** - Fourth Sunday of Lent - Minister: Rev. Mark Taylor; Scripture: Matthew 16:13-20; *Children Worship & Wonder: Jesus the King*

**April 7, 2019** - Fifth Sunday of Lent - Minister: Rev. Dr. Chris Shorow; Scripture: Matthew 26:14-16; *Children Worship & Wonder: Baptism*

### Watch and Listen to Sermons Online

Watch and listen to sermons from our worship services anytime! To watch live streaming of our services, follow the link at [www.fccedmond.org/live](http://www.fccedmond.org/live) To listen, visit our Sermons page at [www.fccedmond.org](http://www.fccedmond.org) Tell your friends, neighbors, family, and co-workers about First Christian Church, point them to our website, and encourage them to watch and listen online!

Need Wifi? Be our guest! Public wifi access is available at First Christian Church. Use password "fccedmond".

"Like" our Facebook page - First Christian Church of Edmond - and stay up-to-date on all the latest events!

## Serve News

### Operation Christmas Child Events

**CONTACT: David Larrison** [wlarrison@cox.net](mailto:wlarrison@cox.net) 580.231.1409

Operation Christmas Child works year-round to fill shoeboxes with small, meaningful gifts for children around the world. Here are some of their upcoming events, which are held in the Fellowship Hall:

1. **Saturday, March 9** at 9am - Shoebox Wrapping Party
2. **Saturday, March 23** at 9am - Shoebox Packing Party

All are invited to attend and help. For more information about Operation Christmas Child, go to [www.samaritanspurse.org/what-we-do/operation-christmas-child/](http://www.samaritanspurse.org/what-we-do/operation-christmas-child/) Thank you!

## small things | GREAT LOVE: Fostering Love for the Foster Community

**CONTACT: Erin Robertson [erincrobertson@gmail.com](mailto:erincrobertson@gmail.com) 405.471.9386**

The mission of small things | GREAT LOVE is to promote the agencies and donation opportunities already in place around the OKC community. Trying to research and meet the needs of all the agencies could take a tremendous amount of work, time, and money. That can be overwhelming, so most of us tend to just shut down and do nothing. But, in the words of the wonderful Mother Teresa, **"In this life we cannot do great things. We can only do small things with great love."** So, each month I will highlight a different group, and share a specific need or donation request. Explore our small things | GREAT LOVE Facebook page at [www.facebook.com/fosteringlovefostercommunity](http://www.facebook.com/fosteringlovefostercommunity)

There is a donation box near the children's library in the fellowship hall. Each month we will highlight a different group and suggest a specific need or donation request. After a long day of stress and tension, is there anything better than slipping into a warm bed with brand new sheets? Now, imagine that you are a child who has been removed from their home and placed with a foster family. Probably unexpected, probably causing everyone involved to scramble just to get the situation under control. Do you think you might need some extra comforts to fall asleep? Absolutely. Do you think your emergency foster home has new sheets just waiting for you in the closet?? Probably not. That's where the mission of Fostering Sweet Dreams comes in. They work to "provide tangible needs such as beds, car seats, high chairs and strollers to Kinship foster-care placements along with unexpected traditional foster-care placements." These types of placements are unique in that the people fostering are answering an emergency call for help. They are usually unprepared and will not receive any funds to help offset the costs of fostering a child for 6-8 months while they obtain certification. And the average cost to supply necessities is around \$350 per child. That's a good chunk of change for your average household.

You can easily support Fostering Sweet Dreams by bringing in a new set of twin sheets and put them in the box in Fellowship Hall. Pretty sheets. Dino sheets. Colorful sheets. Cartoons, animals, solids, stripes, or anything else. Just a new set of sheets, which are \$10-\$20 at most stores. Drop them off in our collection box which is located near the children's library in fellowship hall, and they will be delivered to the agency at the end of the month. Help spread the word so that we can live out James 1:27 and shower the foster community with love—one small thing at a time!

To find out more about Fostering Sweet Dreams Foundation, go to: [www.fosteringsweetdreams.com/](http://www.fosteringsweetdreams.com/)

## Outreach Spotlight – Bethany Fellows

**CONTACT: Madelynn Bartley [bartleygm@yahoo.com](mailto:bartleygm@yahoo.com) 405.501.0254**

Through your generosity, First Christian Church gives to Outreach Partners throughout our community and beyond. A goal of this committee is to provide information about some of these ministries.

This month, we would like to highlight **Bethany Fellows**, a mentoring and spiritual leadership ministry for young clergy in their first four years of congregational service. Originally based on a grant through the generosity of the Lilly Endowment, this work has now been extended as an ongoing response to the need for bright, healthy and spiritually savvy clergy to meet the challenges of today's and tomorrow's church. Bethany Fellows serves congregations by assisting newly ordained pastors in their transition from seminary to sustained congregational ministry with a strengthened, healthy pastoral identity.

## Children's News

### Learn to Be a Peacemaker at Summer Camp!

**CONTACT: Jennifer Humphrey [jhumphrey@fcedmond.org](mailto:jhumphrey@fcedmond.org) 405.341.3544**

Peace is something we wish to others as a blessing and a longing within each person's heart. Every culture has its own words and stories to describe peace and the work it requires. Scripture is filled with these stories, and camp is the perfect place to share them!

#### Summer Camp Dates/Grades:

**June 3-7: Chi Rho Camp** (Grades 6-8) at Oakridge Camp (near Anadarko)

**June 17-21: Junior Camp** (Grades 4-5) at Central Oklahoma Camp (near Guthrie)

**June 21-23: Discovery Camp** (Grades 2-3) at Central Oklahoma Camp (near Guthrie)

**June 24-28: CYF Conference** (Grades 9-12) at Central Oklahoma Camp (near Guthrie)

**July 9-11: Grand Camp** (Grades K-3) at Camp Christian (near Chouteau)

Visit [www.fccedmond.org/camp](http://www.fccedmond.org/camp) to find First Christian pricing details and find out how to register and pay.

## Vacation Bible School 2019 will be a WINNER!

**CONTACT: Jennifer Humphrey [jhumphrey@fccedmond.org](mailto:jhumphrey@fccedmond.org) or 405.341.3544**

At "Power UP VBS" kids will be challenged to "raise their game" because knowing God and trusting in Jesus fills us with the Fruit of the Spirit! They will learn that when they POWER UP with God, "God's power has given us everything we need to live a godly life." - 2 Peter 1:3a.

When: June 3 - 6, 2018, from 6 to 8pm

Where: First Christian Church of Edmond

Who: 3yrs old\* through 5th Grade (\*3 yr. olds must be diaper-independent with a guardian volunteering on-site)

Cost: \$10 per child (includes a VBS music CD!)

Get details at [www.fccedmond.org/vbs](http://www.fccedmond.org/vbs) and follow the links on our registration page to register your child or volunteer for VBS.

## Child Care Center March Happenings

**CONTACT: Bonnie Miller, CCC Director [bmiller@fccedmond.org](mailto:bmiller@fccedmond.org) 405.341.2626**

Would you like to support the Child Care Center? This month we have two opportunities to support the CCC's fundraising efforts:

1. **March 14 - Chick-Fil-A Night**, Mention FCC Child Care Center and we receive 16% back
2. **March 19 - Cane's Night**, mention FCC Child Care Center and we receive 15% back

We are also currently hiring for Child Care Center workers! Interested parties can go to [www.fccedmond.org/register](http://www.fccedmond.org/register) and complete the job application.

# Student Ministries News

## Student Ministries Calendar of Events

**CONTACT: Rev. Mark Taylor [mtaylor@fccedmond.org](mailto:mtaylor@fccedmond.org) or 405.341.3544 ext. 102**

Join us each Sunday morning at 10 am in the Family Life Center for breakfast, announcements and Sunday School classes! Go to [www.fccedmond.org/studentprograms](http://www.fccedmond.org/studentprograms) for all Youth event details.

**Sunday, March 31, 1-3pm - Youth Sunday Planning Session** - Youth Sunday is nearly here, and it's time to get ready! FCC Youth will have the opportunity to lead the 9 and 11 worship services on Sunday, May 5, and we need your help to do it!

**Sunday, April 28, 1-3pm - Youth Sunday Rehearsal** - Youth Sunday is nearly here, and it's time to get ready! FCC Youth will have the opportunity to lead the 9 and 11 worship services on Sunday, May 5, and we need your help to do it!

**Sunday, May 5, 8am-12pm - Youth Sunday** - Youth Sunday is here! We will lead the 9 and 11 worship services for Sunday, May 5. If you have a part in the service be sure to be in the Sanctuary by 8am.

*Here are some important 2019 dates to remember:*

**June 3 - 7: Chi Rho Camp** (Grades 6-8) at Oakridge Camp (near Anadarko)

**June 9 - 15: High School Mission Trip**

**June 24 - 28: CYF Conference** (Grades 9-12) at Central Oklahoma Camp (near Guthrie)

**July 14 - 20: Middle School Mission Trip**

**August 18: Fall Kickoff**

## Student Ministries Summer 2019 Mission Trip: Encounter

**CONTACT: Rev. Mark Taylor [mtaylor@fccedmond.org](mailto:mtaylor@fccedmond.org) 405.341.3544**

This is not your ordinary mission trip. This is a mission of the heart, soul, and mind. It's not physical labor, but a labor of your internal being. It's not an intense week of serving others, but a week that is intensely personal. This is about you and God. Together.

1. **High School Encounter Trip:** June 9-15
2. **Middle School Encounter Trip:** July 14-20

Register at [www.fccedmond.org/register](http://www.fccedmond.org/register) Registration Deadline: May 3. Participants and parents must have either attended the meeting OR have a meeting with Mark prior to registration.

## Gifts for Your Garden or the Gardener in Your Life

**CONTACT: Rev. Mark Taylor [mtaylor@fccedmond.org](mailto:mtaylor@fccedmond.org) 405.341.3544**

FCC Student Ministries is selling TLC Gift Cards as a fundraiser to support summer mission trips. \$20 gift cards will be available for purchase in the Rotunda March 10, or you can order yours online at [www.fccedmond.org/register](http://www.fccedmond.org/register) through March 12. Gift Cards will be available for pick up on Sunday, March 17.

## Easter Lilies Youth Fundraiser

**CONTACT: Rev. Mark Taylor [mtaylor@fccedmond.org](mailto:mtaylor@fccedmond.org) 405.341.3544**

Support First Christian's Student Ministries Mission fund by purchasing Easter Lilies to decorate the church or your home. Check your Sunday bulletin for an order form beginning March 24, or order online at [www.fccedmond.org/register](http://www.fccedmond.org/register) Each lily is \$15 and the deadline to order is April 7. Thank you for supporting your First Christian Church Student Ministries!

# Care News

## Move Your Body: A Message from Our Faith Community Nurse

**CONTACT: Lauren VanOsdol [lauren.vanosdol@gmail.com](mailto:lauren.vanosdol@gmail.com) 405.517.2713**

***"I can do all things through Christ who strengthens me" Philippians 4:13***

Our modern sedentary lifestyle is life-threatening! Extended periods of sitting increase your chances of cancer, type 2 diabetes, obesity, cardiovascular disease, and back and neck problems. Oklahoma ranks #3 in obesity out of 50 states! With childhood obesity on the rise, how do we put a stop to these staggering statistics? Find a way to MOVE! But how? We are too busy, too tired, and too stressed. Here are some tips to get more steps in everyday without going to the gym.

**For parents:** Send your kids out to play in the sunshine! Put a limit on screen time and maximize outside time. Ditch movie night and instead go bowling or go play mini-golf. Go for a nature walk and take a scavenger hunt to find fun treasures along the way.

**For adults:** Take a break from your desk and walk around the office or do calf raises in between phone calls. Park your car further away at the store, take the stairs, do some squats during commercial breaks, or even get outside and plant a garden. \*for further information visit [startstanding.org](http://startstanding.org) or [stateofobesity.org](http://stateofobesity.org)

**First Christian offers FREE classes for all ages and levels to promote movement. Come join us!**

1. Tai Chi - Tuesdays and Thursdays at 10:00 am led by Donna Clark
2. Tai Chi + Yoga - Tuesday and Thursdays at 6:30 pm 30 minutes of Tai Chi led by Donna Clark and 30 minutes of Yoga led by Dana Theobald
3. Holy Yoga- 1st and 3rd Sundays from 3-4pm, yoga with a holy "twist" led by Dana Theobald. This all level practice is open to anyone. Bring your mat if you have one, a bottle of water, and be sure to wear comfortable clothing. Namaste! (*NOTE: We will move the March 17th session to the 24th due to Spring Break.*)

**Questions?** Contact your Faith Community Nurse for more details on free classes.

## In Our Prayers This Week

**THOSE IN NEED OF PRAYER** Ed & Mary Walker, John Hammond

**OUR SYMPATHY AND PRAYERS TO** Carlita Walters & Family in the passing of her husband, Paul Walters, on March 5. Services pending.

**CELEBRATING A NEW BABY** Kamryn Snoddy, born February 6 to Kelisha & Chris Snoddy.

Please share your prayer requests with us so we can pray for you. Contact Pastoral Assistant, Iris Muno Jordan at [ijordan@fccedmond.org](mailto:ijordan@fccedmond.org) or 341-3544, ext. 110.

## Happy Birthday FCC Friends!

**3/3** Phoebe Eaton, Thomas Fondren, Jacob Koch, Mac Mecoy

**3/4** Erika Cummins

**3/5** Julie Bowers, Deb Felice, Thadda Groom

**3/6** Julia Endicott, Davis Ernst, Jonathan Jones, Loree Rice, Colton Schmoyer, James Winn

**3/7** Elanna Killackey

**3/8** Steve Ellison, Robert Fields, Jesse Raines

**3/9** Teresa Fritz Combs, Matt Holliman, Gayle Keeton, Emerson LoveCombs, Jillian Sulley

**3/10** Braxton Coil, Alicia Galyon, Brooke Medley

**3/11** Rachel VanOsdol, Pat Wathen

**3/12** Hunter Baumann, Ronnie Harris, Kathy Morris, Florine Shirley

**3/14** Karen Baldrige, Wayne Haigler, Karl Holliman, Charles Shorow, Jonah Winston

**3/15** Ashley Bernhardt, Warren Davenport, Bob Fritz, Janet Groover, Rebecca Hurst Larson, Timi Moffatt, Taylor Mullins, Chad Weddle

**3/16** Brian Fields, Kandi Pate, Amy Roberts, Chris Shorow, David Watts, John Wilkinson, Isabelle Young

**3/17** Stacy Luton

**3/18** Ura Lee Denson, Tatum Stuke, Steve Suarez

**3/19** Jacky Anderson, Mac Barbush, Sherri Campbell, Jacob Hall, Olivia Kelley

**3/20** Vern Lawson, James Ava Taylor

**3/21** Nick Jackson

**3/22** Jake VanOsdol, Cheyenne Cody, Christina Cody, Danette Farrah, Ellie Robertson, Mary Lou Smith, Helen Williams

**3/23** John Humphrey, Payden McGann

**3/24** Charlie Brown, Adam Gossen, Barbara Henthorn, Mackenzie Taylor, Cassidy Thornton, Cameron Woods

**3/25** Rebecca Coil, Annalee Crosser, Jack Dean, Megan Fine-Thomas

**3/26** Kara Luschen, Bill Medley

**3/27** Noah Bezdek, Melissa Hendricks

**3/28** Joey Benear, Frank Gresh

**3/29** Katie Hurst Prewitt, Mary Walker, MacKenzie Warner

**3/30** Susan Channel, Ruth Evans, Kevin Leonard

**3/31** Campbell Coleman

**4/1** Janna Brinkoetter

**4/2** Delaney Ernst, Kayla VanOsdol, M.C. Weber

**4/3** Susan Berberet, Mike Channel, Wendy Hagy, Anna Hall, Lindsay Hanna

**4/4** Megan Channel, Lane Foster, Margaret Rice

**4/5** Janell Duncan, Lori Hof, Brenda Peterson, Emmie Rychucky, Leslie Smith

**4/6** Penny Dilg, Heath Helms

**4/7** Anna Felix